

# Neurotherapy

*Retrain Your Brain*



**Transformations**  
TREATMENT CENTER

An **UPHealth** Company



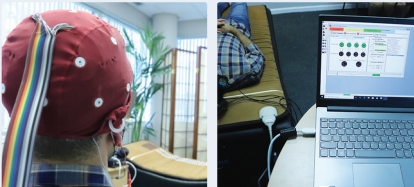
**Transformations**  
TREATMENT CENTER  
SUBSTANCE ABUSE & MENTAL HEALTH

*This treatment program:*

- *Empowers clients to regulate their own brain activity*
- *Identifies a source of unwanted patterns or behaviors / thinking*
- *Completely non-invasive / pain free*
- *State of the art technology to help coach the brain to optimal functioning*

### **Neurotherapy (a type of biofeedback)**

is a general term for the integrated use of traditional EEG brain waves to create a map of the brain that can help a client identify and change behaviors and thoughts. Neurotherapy uses an individualized treatment plan developed through specialized assessments for clients struggling with addiction or mental health symptoms.



## Neurotherapy consists of an assessment phase and a treatment phase:

- **Assessment** creates a “brain map” (an EEG recording of your brain) and psychological testing (a written test) which takes less than an hour.
- Clients then meet with a Neurotherapist to discuss results and create a treatment plan to focus on the areas and symptoms each client wants to work on.
- **Treatment** consists of 15-20 minutes of pulsed electromagnetic Field stimulation (pEMF) on a bioacoustics bed several times per week, as clinically recommended. pEMF is not something that the individual can feel physically. Each treatment plan is unique and uses the results from your brain map as a “guide”.
- Each client is “re-mapped” to check progress and to change their treatment plan if necessary.
- At discharge, a Neurotherapist reviews the results and makes recommendations for any ongoing or follow up care.



We are a nationally licensed and accredited treatment center in South Florida.

[www.transformationtreatment.center](http://www.transformationtreatment.center)

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**ALL CALLS CONFIDENTIAL**