

# We Have Your Back

At Transformations, our comprehensive, compassionate, and unique treatment programs help our clients build a foundation for a healthy recovery.

As a nationally recognized mental health and substance abuse treatment center, we offer a behavioral and mental health component that addresses such issues as trauma, PTSD, anxiety, and depression.

Help For Our Heroes is a truly unique program that offers personalized, nurturing care. This is where healing begins, where relationships are repaired, and where life becomes meaningful again.



## Locations:

14000 S. Military Trail  
Delray Beach, Florida 33484  
NPI: 1861646291

15530 W. Highway 326  
Morrison, Florida 32668  
NPI: 1669008736

If you or a loved one are struggling,  
please contact us today.

**(877) 376-5775**

**ALL CALLS CONFIDENTIAL**



Nationally Licensed & Accredited



[www.helpforourheroes.com](http://www.helpforourheroes.com)



## Morriston

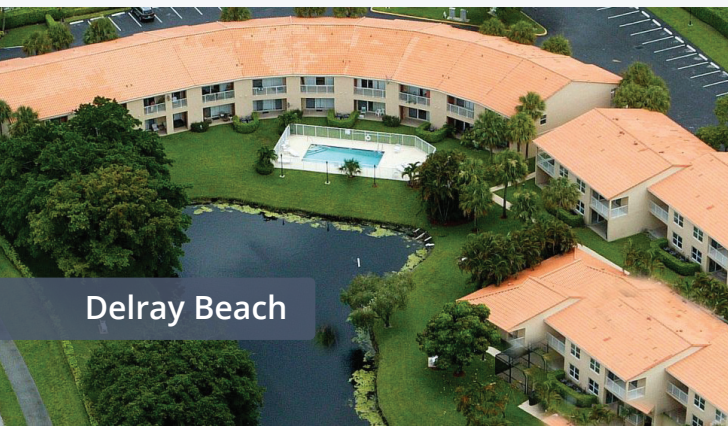


# Programs

Transformations provides the appropriate psychological and physiological care necessary for healing. We offer a continuum of care from detox through outpatient along with unique program options including:

- Residential Program
- Partial Hospitalization Program
- Detox Program (Offsite)
- Medication-Assisted Treatment (MAT)
- Intensive Outpatient
- Faith-based Programs
- Alumni Program
- Family Program

## Delray Beach



# About Treatment

*This program was created by a military veteran and former first responder and was designed for active duty military and veterans as well as first responders overcome the underlying issues that lead to addiction and mental health issues.*

## What We Treat:

- Primary Mental Health
- Anxiety Disorders
- Depression
- Dual Diagnosis
- PTSD & Trauma
- Combat Trauma / MST
- Bipolar Disorder
- Borderline Personality Disorder
- Alcohol / Substance Abuse
- Process Addiction

# Therapies

Our unique program offers a variety of individualized therapies which have successfully helped hundreds of active duty military personnel, veterans and first responders nationwide manage the problems incurred by job stress and chemical dependency. Therapies include:

- Eye Movement Desensitization and Reprocessing (EMDR)
- Dialectical Behavioral Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Accelerated Resolution Therapy (ART)
- Equine-Assisted Therapy
- Music Therapy
- Recreational Therapy
- Neurotherapy
- Trauma groups

# Treating Trauma

Our primary focus is to help individuals who experience traumas including PTSD, combat trauma, grief and loss, and MST (military sexual trauma). Our licensed clinicians help individuals work through the traumatic events that continue to create obstacles which impede their progress toward long-term stability. Clients will begin to learn and develop healthy coping skills and begin to address their trauma in a safe space.

# Residences

*Located in both north and south Florida, the two picturesque locations of Transformations offers clients a safe and comfortable experience for treatment.*

## Delray Beach, FL

This garden-style complex has 36 apartments featuring a tranquil pool and pond views. All condos include private bedrooms and baths, washers and dryers, updated kitchens with stainless steel appliances, granite countertops, and flat-screen TVs. A clubhouse is also on-site, with a picnic area, a basketball court, an in-ground pool, and a sun deck.

## Morriston, FL

Located on 400+ acres of beautiful Northern Florida landscape and offer a total of 24 residential and 21 partial hospitalization beds. We have an outdoor area designed for fellowship and a fire pit for chilly nights. In addition, we have a large cafeteria where an on-site chef and cooking staff create delicious and nutritious meals for our clients three times a day.

