

Our Philosophy

We are an organization of extensively experienced and compassionate, licensed and accredited professionals collaborating to provide the comprehensive care needed to treat the whole individual.

We offer a complete continuum of substance abuse and mental health care including detox, partial hospitalization and intensive outpatient programs, client housing, extended and aftercare support, and a vibrant alumni program.

At Transformations, we continually improve our processes and introduce new treatment options to offer our clients the most personalized treatment experiences available. Through our commitment to treatment excellence, Transformations is designed for change. We strive to help people create healthy futures.



14000 S. Military Trail
Delray Beach, Florida 33484

If you or a loved one are struggling,
please contact us today.

(888) 907-0150

ALL CALLS CONFIDENTIAL



Nationally Licensed & Accredited

RESTORING HOPE.
CREATING PURPOSE.
CHANGING LIVES.



www.transformationstreatment.center



Residences

Living options at Transformations include two-bedroom condominiums that feature private bed and bathrooms, a full-sized kitchen, as well as a washer and dryer. The residences are located close to beaches and shopping, and transportation to treatment at the clinical center is provided.



Programs

At Transformations, we offer a number of programs within PHP and IOP levels of care to ensure that treatment takes place in an environment that is most conducive to healing, where clients have access to the most relevant and effective therapies. All programs are staffed by a team of experienced, licensed clinicians and supporting staff.

Adults 30 Years of Age and Above

Adults over 30 tend to share the experiences and stresses of the workplace, marriage or long-term relationships, children and families, social and civic responsibilities, legal issues, and more. Older adults tend to be more emotionally mature than younger people and may be able to better support and manage their own recovery.

Young Adults

Young adults between 18 and 29 years of age tend to lack the emotional maturity and life experience of older adults. Addiction may have cut short their paths to education, careers, or relationships.

Primary Mental Health

There is no shame in recognizing that you need help and it's important for you to know that you're not alone. The right treatment program and the proper support can help you make a lasting recovery. We accept clients struggling with their mental health for Partial Hospitalization Programs (PHP) and Intensive Outpatient Programs (IOP).

Help For Our Heroes

Addressing addiction and mental health issues in veterans and first responders requires a deep understanding of the unique challenges of their work and the effects it has on their lives. These stresses, in addition to unaddressed post-traumatic stress disorder, increase the risks of substance abuse, depression, and suicide.

Faith-Based

We offer both Christian and Jewish integrated treatment programs led by Master's level therapists who are experts in combining treatment with faith-based spiritual principles with respect to core values and traditions of each faith.

Neurotherapy

Neurotherapy is the integrated use of traditional EEG brain waves to create a map of the brain that can help a client identify and change behaviors and thoughts. Neurotherapy uses an individualized treatment plan developed through specialized assessments for clients struggling with addiction or mental health symptoms.

Evolv Wellness

Clients are given the opportunity to practice mindfulness through tai chi, yoga, and meditation with a wellness activities facilitator to help process any ongoing issues. These activities teach our clients to consciously pay attention to their thoughts and feelings without placing any judgments upon them.

