



**Transformations**  
TREATMENT CENTER

An  UpHealth Company



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# LGBTQIA+

Here at Transformations we recognize and affirm the gender and sexuality of all individuals. We understand that people from the LGBT community face unique barriers to seeking treatment for mental health and substance abuse. Your experience matters.

For some members of the community, coming out is a goal. For others, working through trauma and discrimination is paramount to recovering. Regardless of your goals, Transformations can help.

We understand that each client's journey is unique. We are not a one-size-fits-all treatment program. With our individualized treatment plans, we can target and work through specific issues that you are facing, and help work towards solutions that can improve the quality of your life.

Our LGBTQIA+ track has been a staple at Transformations for many years. We offer three groups per week for clients to discuss their unique issues and explore solutions alongside fellow members of their community. Below is a list of some of the groups offered:

- Internal and external phobias
- The coming out process
- Abandonment
- HIV/AIDS
- Relationships
- Methamphetamine
- Shame and guilt
- Trauma
- Bullying and childhood trauma
- Sex addiction and dating apps



We are a nationally licensed and accredited treatment center in South Florida.

[www.transformationstreatment.center](http://www.transformationstreatment.center)

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**(877) 941-3223**

**ALL CALLS CONFIDENTIAL**

